

**Subject: VN Ukraine Team Meeting #11**

This will *really* be the last team meeting I will send out via e-mail. If you have not called me, please do so. I want to speak to everyone over the phone before we leave.

Here are a few final thoughts and reminders:

**Bedding** – I have had a few questions about taking sheets, blankets, etc. The facility DOES provide bedding, including pillows, with each bed. However, I am a picky person, and sleep better with my own stuff, so I am bringing my own bedding. It is entirely up to you as to whether or not you bring your own bedding.

**Towels, etc.** – DO bring towels, washcloths, and anything you might need for the shower. THIS INCLUDES SHOWER SHOES! These can be flip-flops or sandals, but just something to wear in the shower.

**Currency Exchange** – Please bring new, crisp clean bills with you for currency exchange, which we will do in Kyiv. They will not take dirty or old bills.

**Emergency Information** – Attached to this e-mail is an emergency information contact sheet. Please leave a copy of this sheet with your relatives. Also, you may send me your emergency contact (spouse, parents, etc.) so that I can leave it with my husband. His contact info is on the attached sheet.

**Release Forms** – Also attached to this e-mail are the release forms. **EVERYONE WHO PARTICIPATES IN UKRAINE VIDA NUEVA MUST COMPLETE THE RELEASE FORM.** There is one form (adult.pdf) for those people 21 years old and older, and there is a second form (youth.pdf) for those 20 years old and younger. Please complete the appropriate form and fax back to me at 615-793-4018. **I must have this form by Friday, July 7, 2006.**

**Cell Phone Numbers** – If you are planning on bringing your cell phone, please e-mail or call me with your cell phone number. This is just for us to be able to contact each other at airports. My cell number is 615-828-0952.

**Packing** – Please review the packing list provided on the web site. Let me know if you have any questions. Also, over-the-counter medications are listed, so you may want to bring a few things (pain reliever, diarrhea medicine, etc.) with you. Also, if you plan to hand-wash your clothing, bring some Woolite or easily rinse-able detergent. And also bring flat, round, rubber drain covers to stop up the sink.

And I have been told that a pump bug spray with Deet would be very helpful for night time. We CANNOT take aerosol sprays on the plane.

NO POCKET KNIVES!

BE SURE TO HAVE PASSPORT AND 1 CHANGE OF CLOTHES IN CARRY ON in case luggage is delayed!

**Travel & Airport** – Remember to be at your airport at least TWO HOURS prior to your initial flight. We are considered international travelers from the beginning. We will all meet together at JFK airport in front of our gate. Please join us as soon as you can as we will be praying together before take off.

We also expect to grab a least a small bite to eat somewhere in our travels, so it might be wise to pack a few snacks in your carry-on bag.

And someone remind me to review the customs information we will fill out when we arrive in Kyiv.

*(Nashville people meet at the Delta counter at 8:30 a.m. on the 12<sup>th</sup>)*

**Other Items** - Be careful when you compliment our Ukrainian brothers and sisters on something that they have BECAUSE they will give it to us!

Ladies only take simple basic jewelry. We don't want to show off.

When I was in Ukraine last time, it was suggested that I keep a journal of my time there. I am not a journaling person, but I took a small notepad and wrote things down as they came to me. So, I am just throwing that idea out there...

Remember Philippians 2:13-15 (...for it is God who works in you to will and to act according to his good purpose. Do everything without complaining or arguing, so that you may become blameless and pure, children of God without fault in a crooked and depraved generation...)

If you have any questions, or have topics that I have not discussed in a team meeting, please let me know. I am available by phone (615-793-4017) or by e-mail (shrogers@comcast.net).

Thank you so much for serving on these weekends. You will be blessed!

Much love,  
Shelly Rogers

If you are unable to open the attachments, all three are available on the website at <http://ukraine.ctvn.info/team.html>.